



Exposure based safety assessment of cosmetics

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Risk Assessment Framework

**Hazard
Identification**

**Dose
Response**

Exposure

Risk Assessment

Exposure assessment is the process of specifying the exposed population, identifying potential exposure routes, and measuring or estimating the magnitude, duration and frequency of exposure to a chemical.



Tiered Exposure Assessments

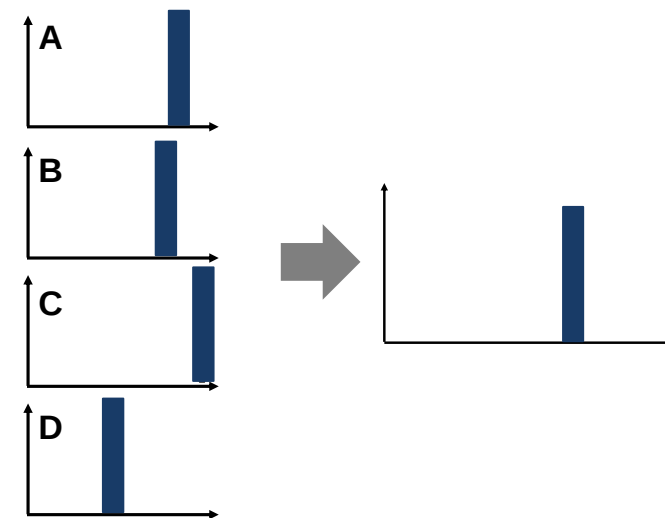
External



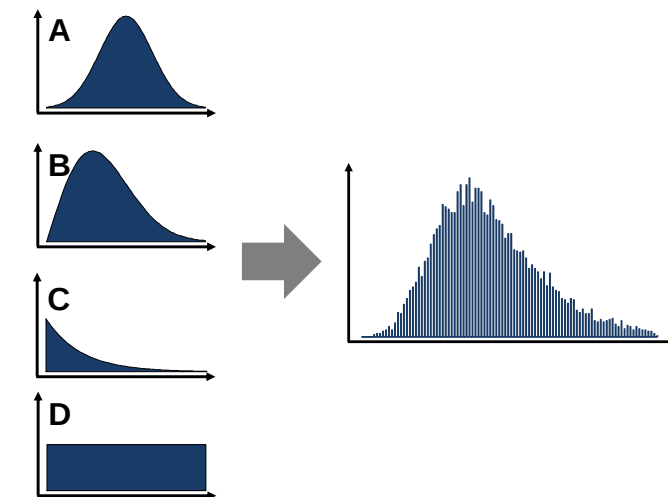
Single product



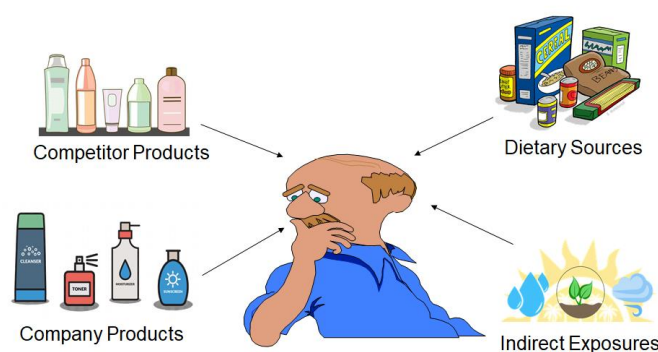
Deterministic



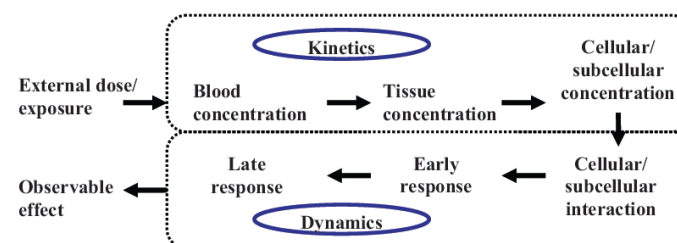
Probabilistic



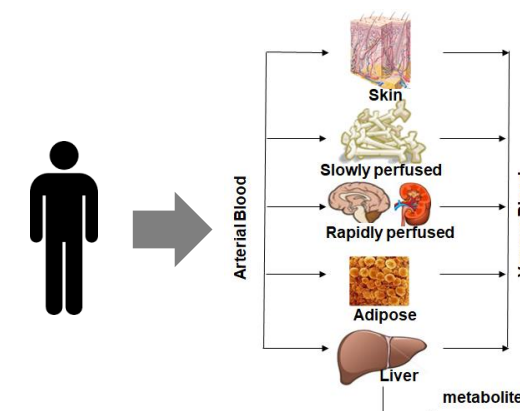
Aggregate



Internal

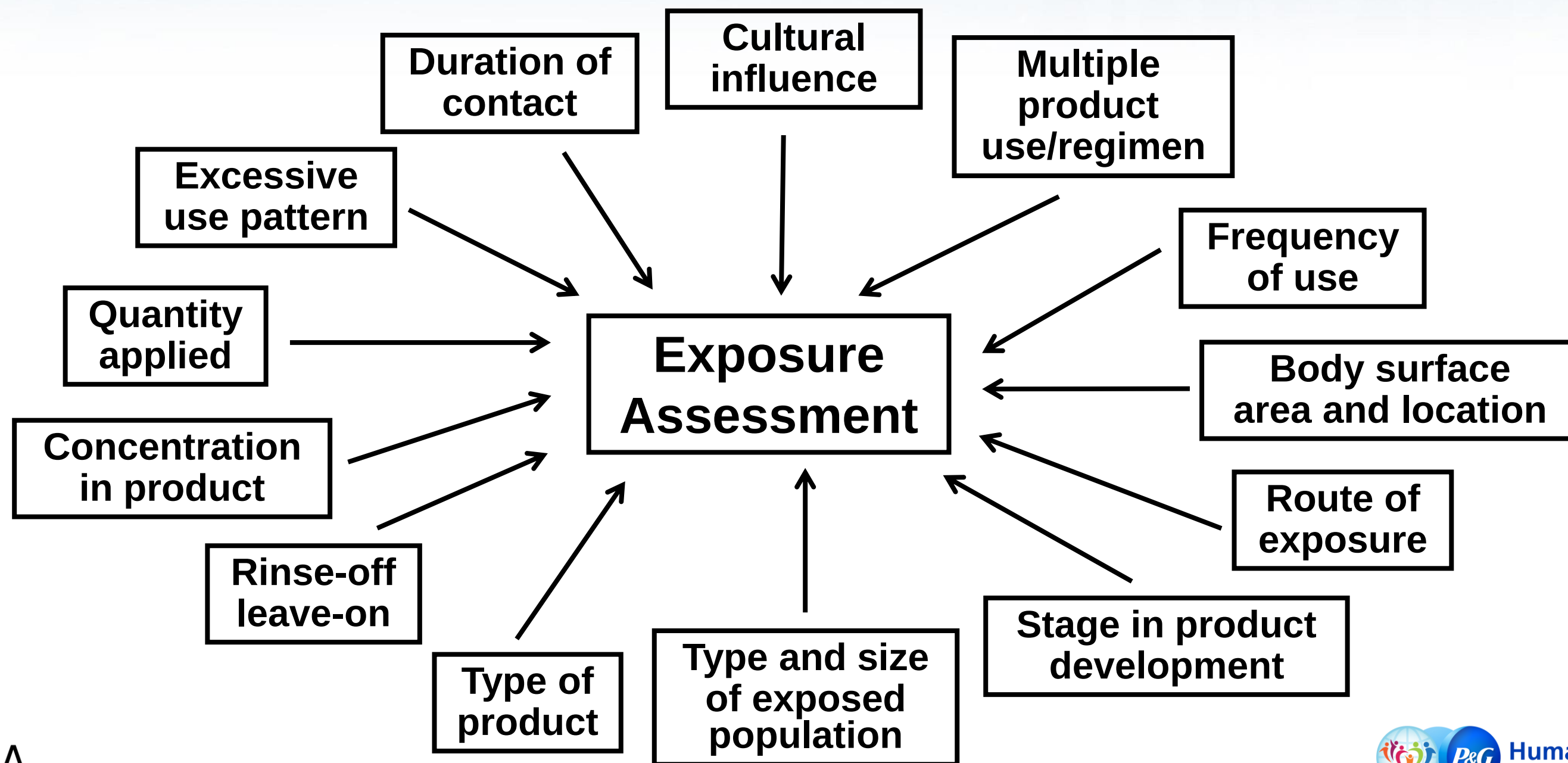


Physiologically Based Kinetics





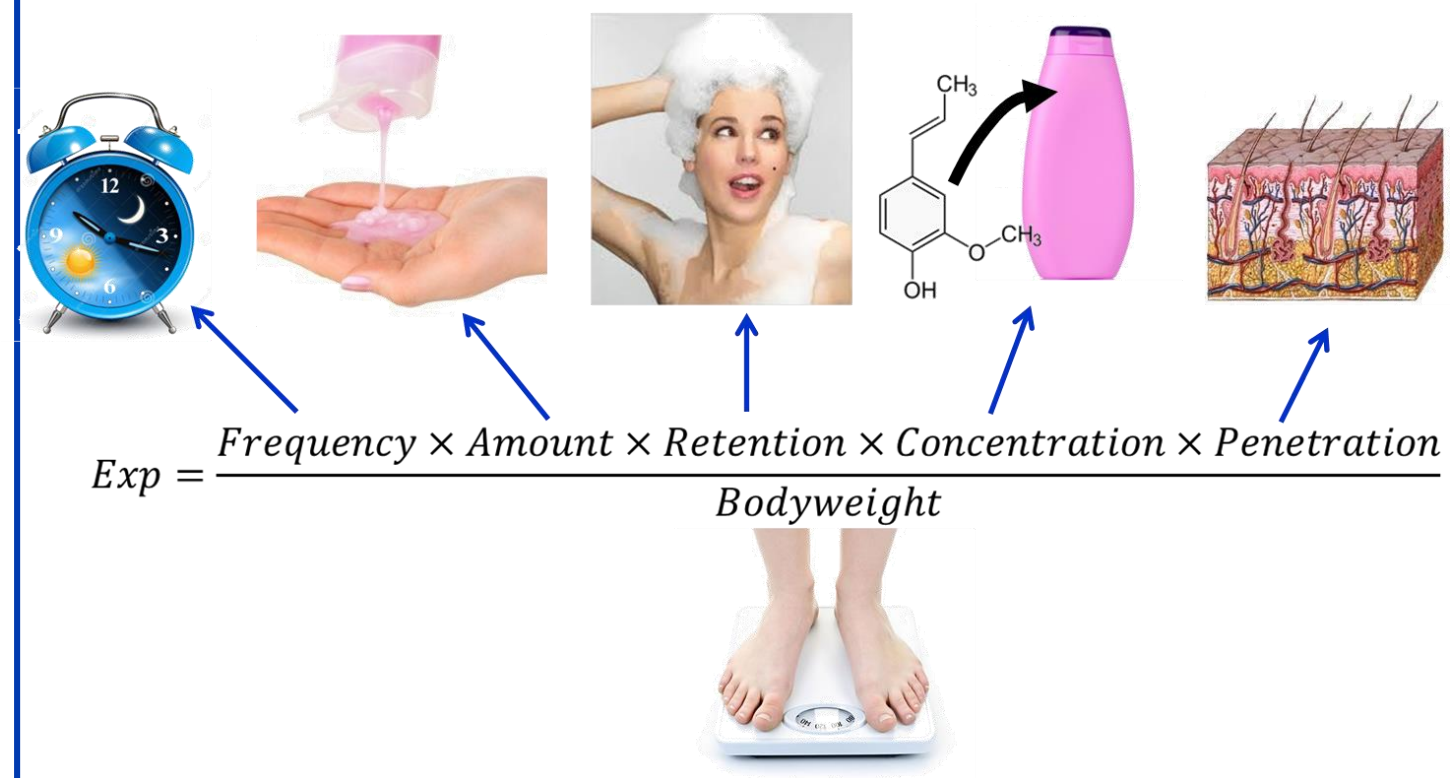
Exposure is Based on Habits and Practices for the Product



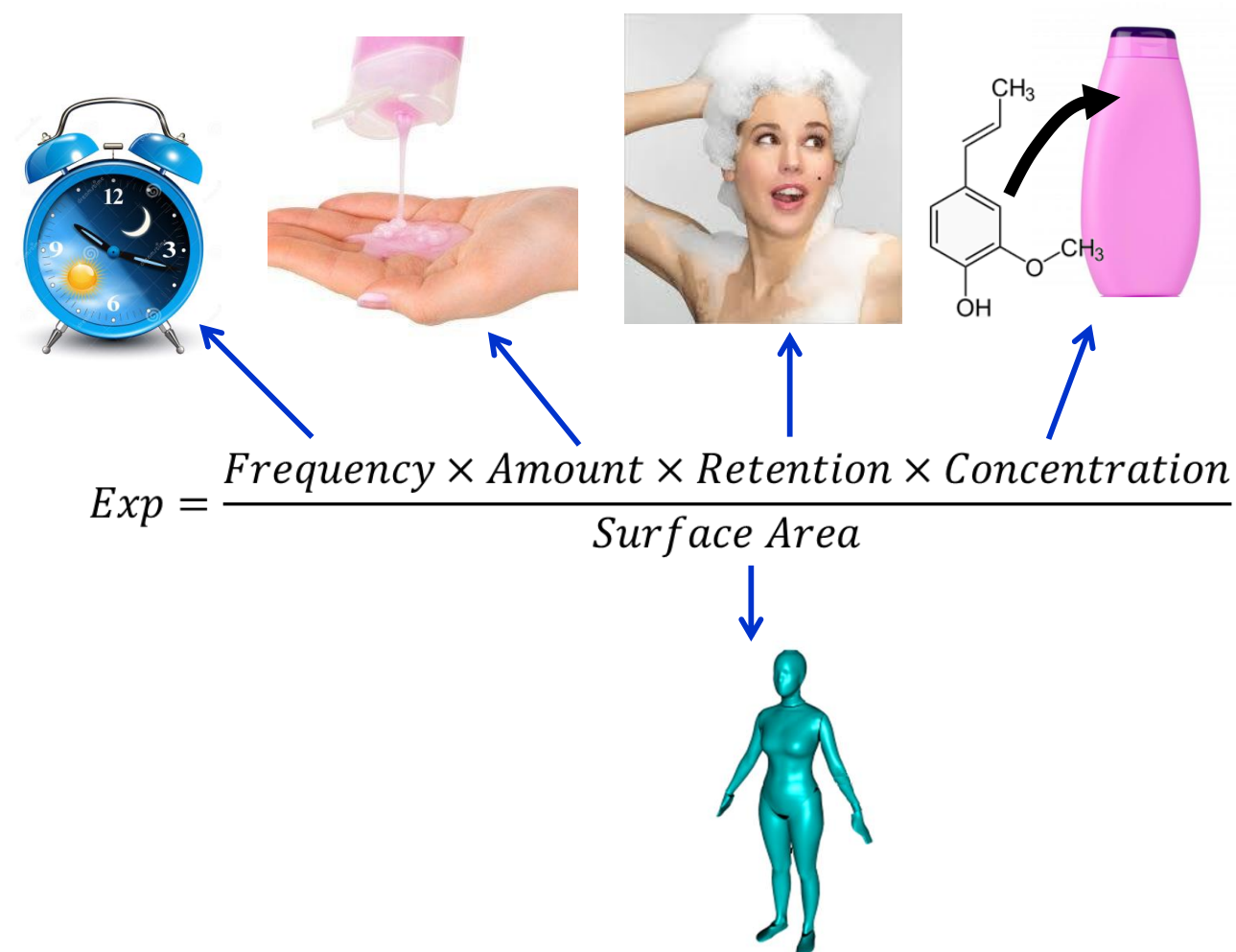


Exposure Algorithm Defines Data Needs

Systemic exposure (mg/kg/day)



Local exposure (ug/cm2/day)





Resources for H&P Data and Exposure assessment tools

Examples of External Data Sources

- National Health and Nutrition Examination Survey (NHANES)
- US EPA Exposure Factors Handbook
- ECETOC Human Exposure Assessment Tools Database (HEATDB)

— Also contains list of external tools

<https://www.rivm.nl/en/consumer-exposure-to-chemical-substances/exposure-models>

- SCCS Notes of Guidance
- RIVM Cosmetics Fact Sheet

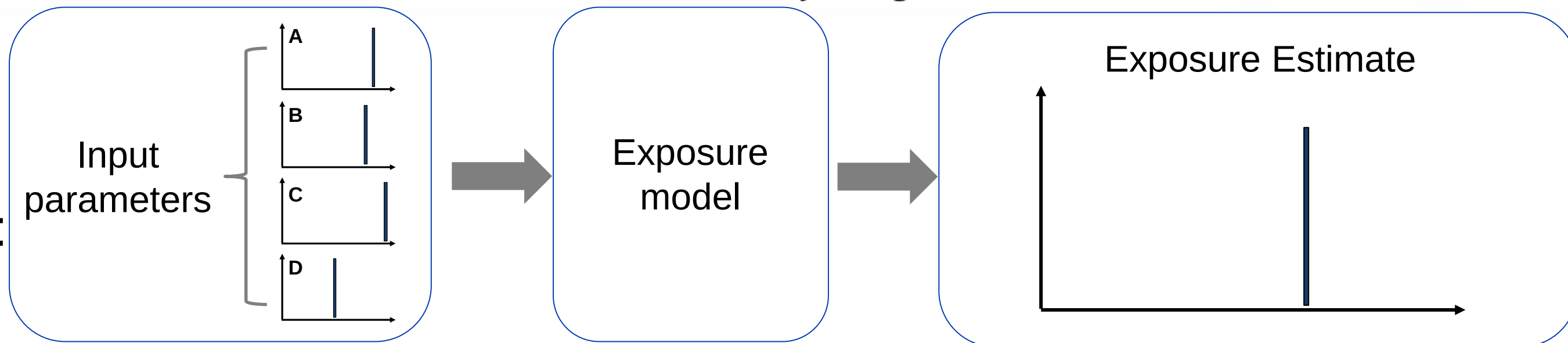
<i>Product type</i>	<i>Estimated daily amount applied</i> q_x (g/d)	<i>Relative daily amount applied</i> ¹ q_x (mg/kg bw/d)	<i>Retention factor</i> ² F_{ret}	<i>Calculated daily exposure</i> $E_{product}$ (g/d)	<i>Calculated relative daily exposure</i> ¹ $E_{product}$ (mg/kg bw/d)
<i>Bathing, showering</i>					
Shower gel	18.67	279.20	0.01	0.19	2.79
<i>Hair care</i>					
Shampoo	10.46	150.49	0.01	0.11	1.51
Hair styling products	4.00	57.40	0.10	0.40	5.74
<i>Skin care</i>					
Body lotion	7.82	123.20	1.00	7.82	123.20
Face cream	1.54	24.14	1.00	1.54	24.14
Hand cream	2.16	32.70	1.00	2.16	32.70



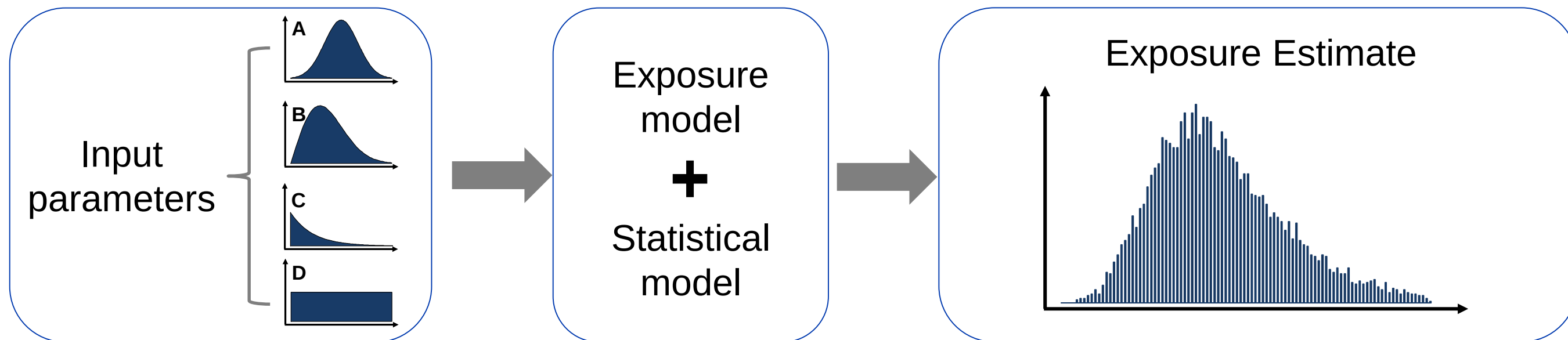
Deterministic vs Probabilistic Exposure Approaches

$$Exp = \frac{Frequency \times Amount \times Retention \times Concentration \times Penetration}{Bodyweight}$$

**Deterministic
Approach**



**Probabilistic
Approach**





Deterministic vs Probabilistic Exposure Approaches

Deterministic

Pros

Less data intensive
Easier to conduct and interpret
Approach commonly accepted

Cons

Large amounts of information are overlooked
Point estimate is not necessarily the central tendency
Often based on (realistic) worst case

Probabilistic

Takes into account all information & scenarios in one go
Provides an estimate of the probability
Allows more refined risk decisions

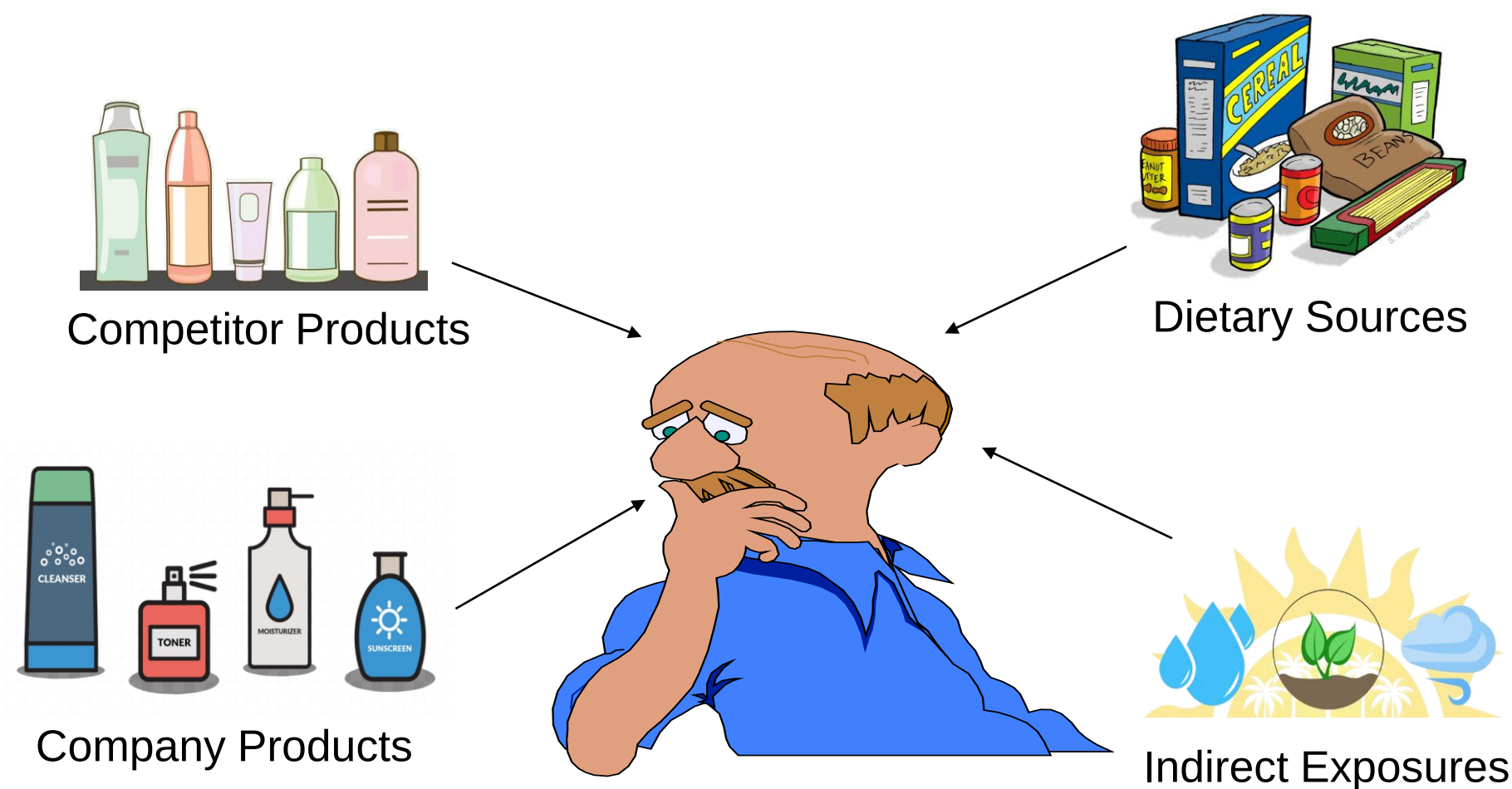
More complex and resource intensive
Risk management and decision making is more complex
Draws focus to the (less likely) extremes of the distribution



Aggregate Exposure

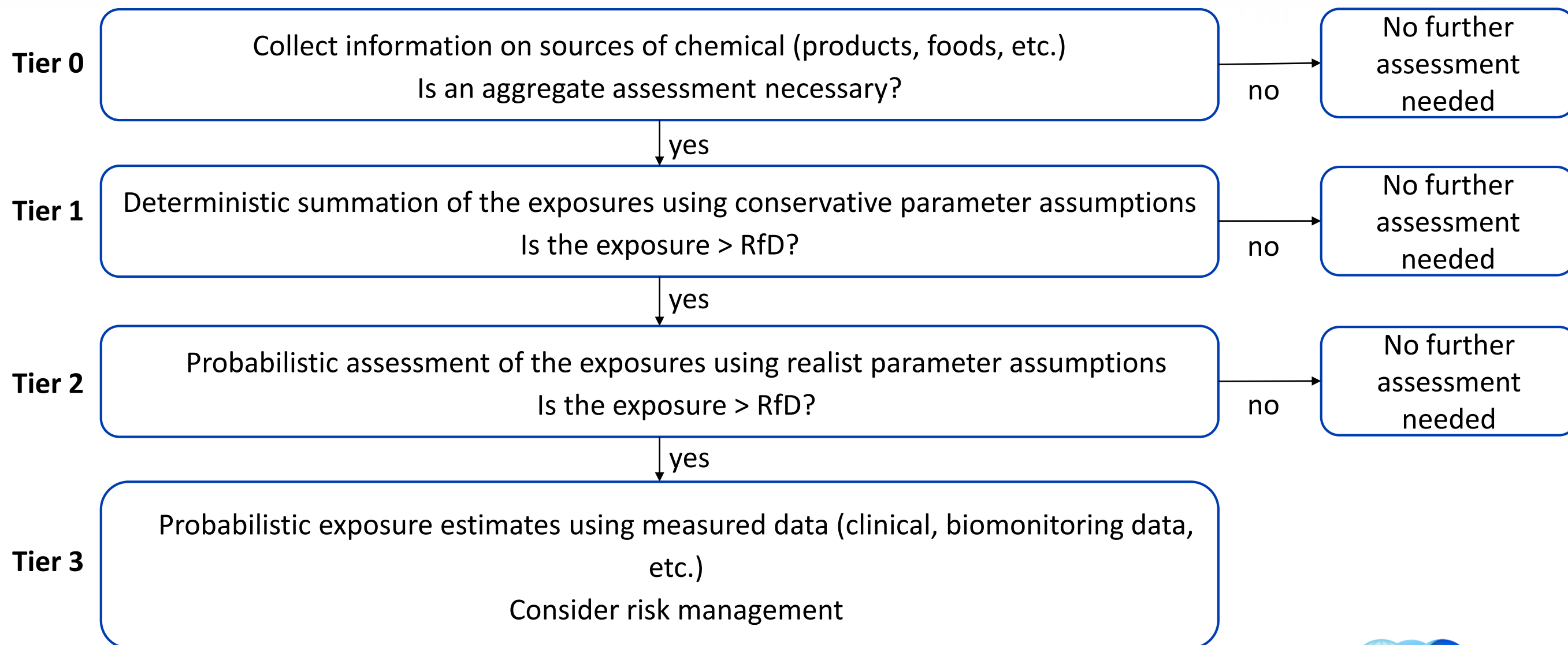
Considers ALL sources of exposure to the chemical

- Other products marketed within a company (within and across product categories)
- Other products marketed by competitors (including those in other categories)
- Indirect exposures via environmental media





Tiered Aggregate Exposure





Internal Exposure

- Toxicity depends on the concentration of reactive species reaching target site
- Pharmacokinetics (PK) determines the internal exposure for a chemical
- An understanding of PK enables a better understanding of overall toxicological profile and risk assessment
- PK is an opportunity to refine a risk assessment

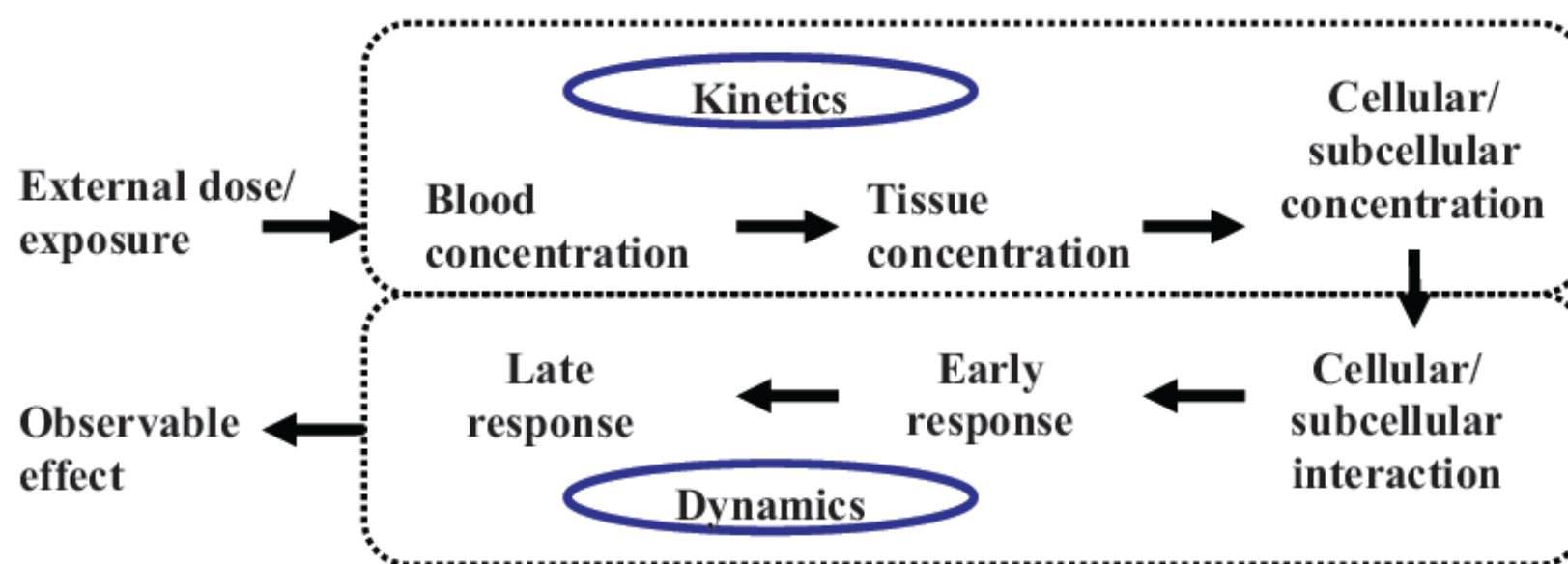
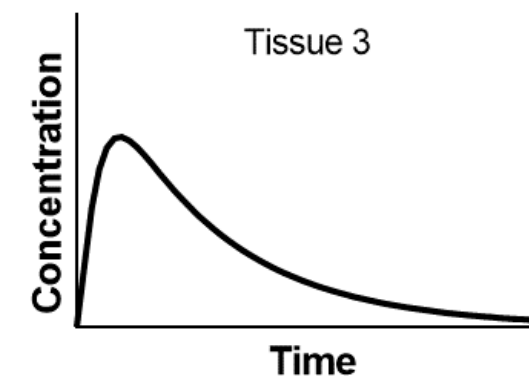
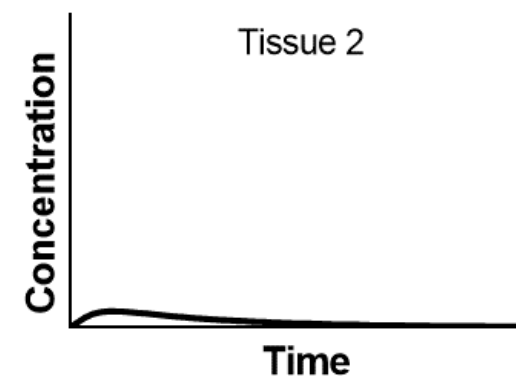
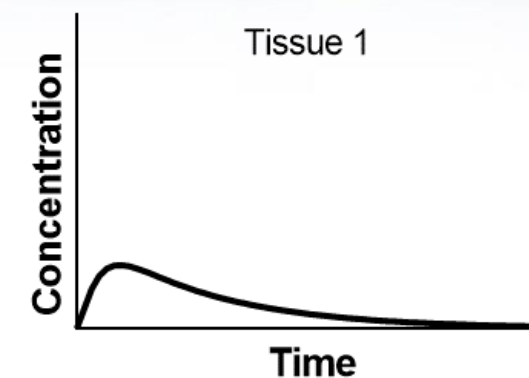
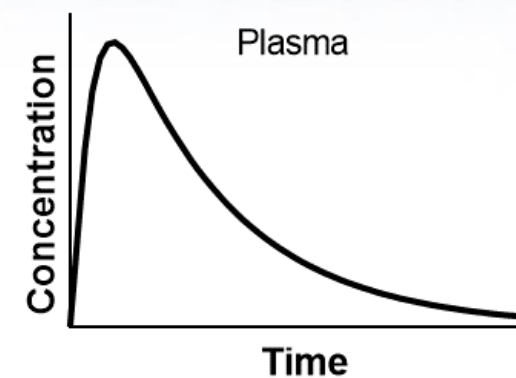
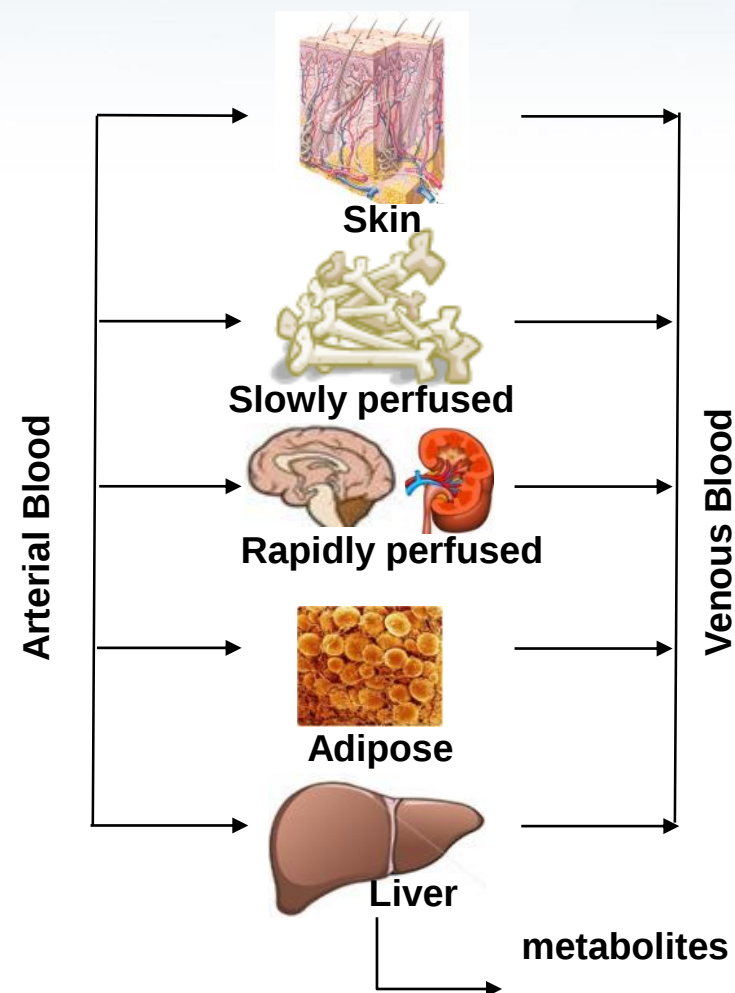
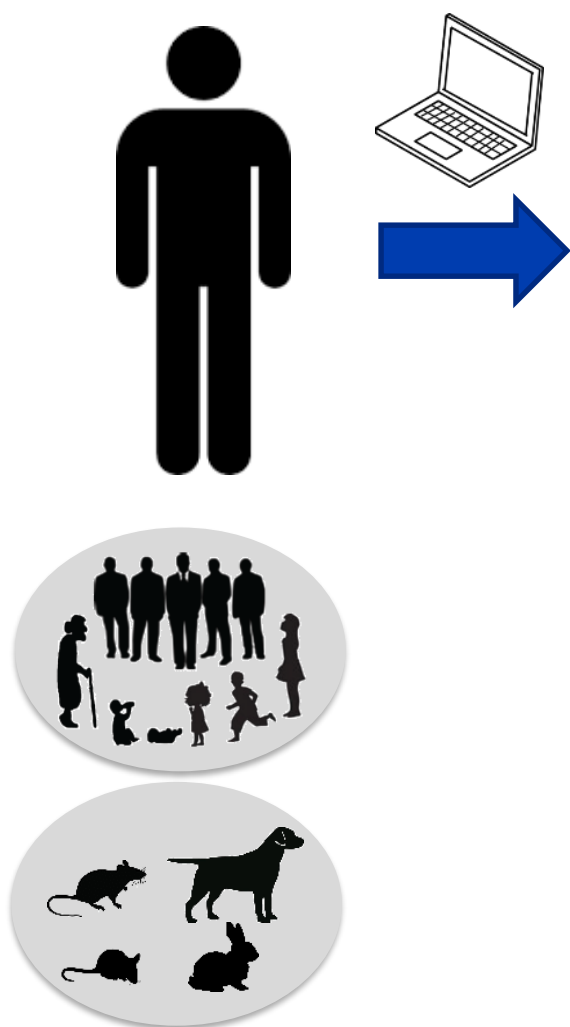


Figure A1: Schematic representation of some key elements of the MOA for the critical dose-response relationship for a chemical.



Physiologically Based Kinetic (PBK) Modeling





Building Blocks of a PBK Model

Organism properties



Anatomy & physiology

- Organ volumes
- Tissue composition
- Blood flow rates

Chemical properties



Phys-chem

- Lipophilicity
- Molecular weight
- pKa/pKb

Exposure scenario



Administration

- Study design
- Dose
- Frequency

Chemical biological properties

- Plasma protein binding
- Metabolism
- Permeability
- Partition coefficients

Exposure route

Formulation



Summary

- Risk = Hazard x Exposure
- Exposure is an important part of a human safety risk assessment
- A tiered approach can be used for the exposure assessment, starting with conservative default assumptions and moving towards refined more realistic conditions
- Exposure calculations can estimate external and/or internal exposures
- “The dose makes the poison” – *Parcelsus*